

July 19, 2010

Dear Friends and supporters of IHP,

Dave Bogumil was supposed to come with the mission from St. Matthew's Lutheran Church in Walnut Creek, CA to start the safe birthing center. However, he was diagnosed with a sarcoma in his leg and had to undergo surgery, chemo, and radiation. He was very, very ill and unable to come with his church mission team. That team wrote prayers for him on the rafters, studs, and lentils as the building shell was being erected. We, IHP, had been calling it the St. Matthew's Birthing Center. However, while the team was here they asked that it be named the Bogumil Birthing Center.

The prayers worked. Dave Bogumil had a remarkable recovery and was able to come out with the Christ Church Unity/One Community Spiritual Center team, when they came to work on the Bogumil Birthing Center last year.

This year Dave Bogumil brought his wife Claudia, his daughter Grace, age 15, and his daughter Faith who is 13, along. Faith is wheelchair bound. She was over 11 pounds at birth and her mother's C-section was delayed resulting in brain damage for Faith.

Claudia Bogumil writes:

We are a family of 4 from the San Francisco area of California. Dave is the one who was called to international mission. Having been affiliated with Nyakato Health Center/IHP for a few years now, he was excited to bring his whole family to Mwanza (He was here with a team in 2009). Claudia and the kids believe in mission work but can honestly say we were more "along for the ride." Well, it has been a total about face. We see that the IHP clinic does great work. Hearing Paula's captivating stories of how God's love reaches far and wide has greatly intrigued Claudia and has ignited something inside that she wants to spread to other people at home. Our physically and mentally handicapped child, Faith, received many prayers from the warm people here; our daughter Grace made a great effort to learn to speak Swahili and she worked very hard in the BBC. I have never met more, warm, welcoming people than those of Tanzania.

Personally experiencing this place has opened my mind and my heart. I'll look forward to continuing to support IHP in their hospital development as well as being instrumental in bringing together the ELCA and ELCT to further spread the good news of Jesus Christ among these people who are so eager to hear it.

With God, anything is possible.

Paula writing again:

Our regular monthly donors enable us to plan ahead and keep going. If not for their promise of support, we'd truly not be able to get from month to month. Whether they send \$25 a month or \$150 a month, knowing that money is coming helps us be able to plan ahead, to have a strategy, and to prioritize how the work will be accomplished. We owe them a huge thank you.

A few months ago our funds were so far down we were going to have to stop work entirely if more money didn't flow in. We asked for help and you generously responded, and we're very,

very appreciative of that. However, that money is almost gone now. We have about \$4,000 of undesignated funds in our account. With that we must pay salaries and social security for our staff, first. However, there will not be enough left to continue work on the laundry or to finish the Bogumil Birthing Center, or to do the routine maintenance on all the other buildings.

We're asking for your special help to keep us going for another two months. After that, Den and I will be coming to the U.S. to do presentations and hopefully obtain enough money to keep us going for another year towards building Nyakato Health Center into the hospital it needs to become.

If you can help us, no matter the amount, please send it to:

**International Health Partners, US & Tz
Joyce Zemel, Treasurer
1811 So. 39th St., #36
Mesa, AZ 85206**

Or, go to our website, www.ihptz.org and push "Just Give."

Our speaking schedule so far is:

Sept. 25, 2010, Atonement Lutheran, Overland Park, KS
Sept. 26, 2010, Atonement Lutheran, Overland Park, KS
Oct. 2, 2010, International Health Partners, US Board meeting, Newton, Iowa
Oct. 3, 2010, First Lutheran Church, Newton, Iowa
Oct. 5-6, 2010, Nobel Conference, St. Peter, MN
Oct. 7, 2010, Rotary, Noon, LaCrosse, WI and potluck in the evening
Oct. 10, 2010, Lutheran Church in St. Germaine, WI
Oct. 17, 2010, Presbyterian church, Foley, MN
Oct. 24, 2010, Bethlehem Lutheran, Lakefield, MN
Oct. 25, 26, 27, Family Practice Reviews, Mayo Clinic, Rochester, MN
Oct. 31, Central Lutheran Church, Winona, MN
November 7, 2010, Holy Shepherd Lutheran Church, Orinda, CA
Nov. 11, Rotary, 6:00 P.M., Woodland, CA
Nov. 14, still officially open but possibly St. Matthew's Lutheran in Walnut Creek, CA?
Nov. 21, Lutheran church in Vancouver, WA

And that's IT! EGADS! Nothing more for November, December, or January! Our general plan is to go possibly to Canada, then back down to North Dakota, Colorado and Nebraska, then back to Kansas City. However, if we don't get invitations to speak in those locations, we're open to other invitations. We want to tell people about the way God is working to serve the people who need Nyakato Health Center. If you would like for us to speak, no group is too small, or too large, of course. Coffee table presentations often bear incredible fruit for IHP. We will speak to anyone who would like to more about building a hospital in Tanzania!

My name is Dennis Gormley and I was part of a medical and construction team at IHP in Nyakato, Tanzania May 31 to June 11th 2010. I was on the construction side and enjoyed every minute of every hour. Exterior repair and painting of three buildings was our main project for the tour. However, we also help erect a brick concession stand to

completion and the start of the new laundry facility. If only we had one more week we could have see the completion of the laundry facility before we left. There were also many side repair and construction related projects that were also completed.

The team consisted of just two people who were construction minded and the balance of the labor force, other than the normal IHP staff, were all medical doctors or nurses. Every minute that was not being spent in the clinic was spent doing arduous labor on many designated projects. The hours were long but the enjoyment of seeing one project after another completed was well worth the trip.

Personally, I only hope that I get another chance to help with the IHP continual building projects in the near future.

God Bless

Mary Pace (Kansas City, MO)

It is hard to believe that I have been at Nyakato for five weeks. It has been a time filled with a lot of work and many new friendships. I have had the privilege of meeting 14 great medical students. It has been a time of laughter, fun, and commitment. I also got to meet Dave Bogumil's family. What a treat for me since I got to work with Dave last year when he joined the team from One Community Spiritual Center. This made it very special when I was able to be involved in the dedication of the Dave Bogumil Birthing Center. What a great day for everyone here.

I have spent my five weeks doing many things. It has been a very fulfilling experience for someone who was not a construction worker or someone in the medical field. I filled every day with a list of accomplishments that helped everyone involved in this project. It provided me with an opportunity to be useful to anyone and everyone on a regular basis. This is a place where you can be helpful no matter what your background is. I have made lifelong friends during this experience and will cherish it for many years to come.

I plan on making this a yearly commitment and would encourage anyone to do the same. Remember that you do not have to have specific skills to be useful here. There are many opportunities to be a corner stone for this project. You just need to have the desire to make a difference in the world and leave a lasting mark for humanity to cherish.

I leave Nyakato with this challenge. Make your mark and leave here knowing that you have made a difference in the world. It is a wonderful feeling to have in your heart.

From Larry Yoder

I was one of the few members of our group without a medical connection. I was hopeful that my construction abilities would be a benefit to the team and project. My motivation to sign up for this mission was several fold. My religious back ground is one of helping physically where needed during natural disasters, personal hardship or economic need.

I have had close friends and relatives that have served with several organizations in different parts of the world. My two daughters have both traveled to countries in Europe and Asia thru youth exchange programs, music tours and collage co-op studies. For mostly self centered reasons there were always “excuses” why I could not participate in a program such as this. At this time in my life I am physically and financially able to participate in a useful and meaningful manner.

The love of travel & learning about other cultures and customs was a strong factor in my decision to join the medical mission to Tanzania. Little did I know how rewarding the experience would be. The poverty is so apparent everywhere and yet they go about there daily tasks with a graceful presence that is amazing. The people of the area, although extremely poor, were very nice and congenial to the “mzungu” treating us with friendliness & kindness. The work crew at the clinic was especially helpful and friendly allowing me to try my hand at various tasks without laughing at me. At least I don’t think they were laughing.

My only regret is that we could not stay longer to see more of the projects nearer completion.

The trip was an awesome and rewarding experience and I hope to be able to participate in similar projects in the future.

Several local organizations have already asked me to share my experiences with their group. I will be putting a presentation together in an attempt to show the need, accomplishments and the long range goals of the project. Hopefully our participation these short two weeks as individuals and as a group has made a difference.

Larry Yoder
2421 160th Street
Marengo, Iowa 52301 USA
Phone 319-642-5642
berryhill@iowatelecom.net

Greetings

My name is Courtney Grant and I am a medical student from the University of North Carolina at Chapel Hill School of Medicine. I came to volunteer in the Nyakato Health Center clinic. I have a significant interest in global health, comparing health care systems, and experiencing medical practice around the world, with a particular interest in Africa. I have been so fortunate to have this opportunity to serve at the clinic here in Nyakato. It is a pleasure to work with such a wonderful staff, having Dr. Bon and Dr. Vicky as mentors, interacting with and caring for the patients who don’t hesitate to express their appreciation. I am honored to be a part of the IHP mission and to be a vessel to serve where it is needed and I hope to learn from this experience so that I will be able to contribute more in the future.

My name is Deirdre Breslin and I’m the new arrival in the medical student group! I came to Nyakato just under a week ago and have been overwhelmed by the warm welcome I received here. The days I have worked in the clinic so far have been truly eye-opening and I feel so lucky to have the opportunity to be here, if only for a short few weeks. I look forward to the rest of my time in Nyakato and hope that I can contribute something in return for this wonderful experience.

My name is Natalie May and I am a medical student at the University of North Carolina at Chapel Hill. My first two weeks at the Nyakato Health Clinic have truly been amazing and I feel so fortunate to have this experience. The people here, both the staff and the patients, teach me

wonderful lessons every day. My interests in global health and infectious disease are among the reasons I wanted to come to Nyakato and I am very thankful to be here.

Hello again! My name is Priyanka Rao and I am a medical student from the University of Iowa. I have been working at Nyakato for over 2 months and I leave tomorrow!! I can't believe how quickly the time has passed. For me, the most amazing part of this experience has been all of the wonderful people I have met whom I now call my friends. From the wonderful individuals who work at the clinic, IHP'S construction team employees, Mama Lucy who makes us delicious dinner every evening, Mbotto the always smiling driver, and Paula and Denny, everyone has been so kind and generous. I can't wait to return!

Habari! My name is Amit Gupta and I am a medical student from the University of North Carolina-Chapel Hill. Work here has been very rewarding, as I have learned a great deal about tropical diseases and medicine, become more comfortable with blood draws than I could have ever imagined, and had the opportunity to share time with people that laugh their way through any setback. One aspect of work that truly stands out, are the general health education presentations we have done in the local schools. I have really enjoyed my time at Nyakato and think our work has made a significant difference.

Mambo! My name is Sarah Kim and I am a medical student at the University of North Carolina at Chapel Hill. This summer it has been a privilege to volunteer at the Nyakato Health Clinic. It has been two weeks in the clinic and I have learned so much from Dr. Bon, Dr. Vicky, and all the staff at the clinic. Everyone is welcoming and friendly. Every morning, I look forward to another day of learning in the clinic. Interested in practicing medicine in Africa, I am learning a lot about patient care and administration of a self-sustaining clinic such as this clinic. I hope to use what I learn in the future. I absolutely love it! Many thanks to the Lofstroms for making this possible!

Paula writing again:

It is true, with God, all things are possible. We need your help, for you to say "yes" to this work we feel is ordained by God. Without you it stops. In my prayer garden I sit in my prayer chair and look at the leaves, birds, mongooses tumbling over one another looking like small prairie dogs, and I thank God for all the gifts given to us. Being here is our reward for saying "yes" to the calling of building this hospital. We invite you to come. We thank you for your support. We ask for your further assistance as we all, together, make a real difference, make it matter that we lived at all.

Blessings and gratitude,
Paula and Denny